WHEREAS, Jogging is a sport of ever increasing popularity among South Dakota citizens and in the Nation, providing an opportunity for physical activity regardless of age, sex, or level of physical fitness; and,

WHEREAS, Medical authorities recognize that a regular jogging program by physically able persons contributes to good health by improving circulatory and respiratory efficiency; serves as a supplement to a weight reducing or weight control program; provides a release from tensions and a hectic pace of life; serves as a preventative measure to illness, helping to stimulate a sense of physical and mental well being;and,

WHEREAS, South Dakota members of the National Jogging Association are cooperating with members from all other States to observe two weeks in October, and emphasize one day toward promoting interest in jogging and to recognize all joggers in the State; and,

WHEREAS,South Dakotans of all ages are urged to try healthful jogging as a fun and economical way to gain personal physical fitness and obtain the benefits of a physically active way of Life:

NOW, THEREFORE, I, RICHARD F. KNEIP, Governor of the State of South Dakota, in recognition of all South Dakota joggers, do hereby proclaim the day of Saturday, October 8, 1977, as

JOGGING DAY

in South Dakota, and the period of October 8-22, 1977, as

JOGGING FORTNIGHT

in South Dakota.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of South Dakota, in Pierre, the Capital City, this Fifth Day of October, in the Year of Our Lord, Nineteen Hundred and Seventy-Seven

RICHARD F. KNEIP, GOVERNOR

ATTEST:

LORNA B. HERSETH, SECRETARY OF STATE

STATE OF SOUTH DAKOTA - BUREAU OF ADMINISTRATION - OFFICE OF RECORDS MANAGEMENT - CERTIFICATE OF AUTHENTICITY
THIS IS TO CERTIFY THAT THE MICROPHOTOGRAPHIC IMAGE APPEARING ON THIS SLIDE OF MICROFILM IS AN ACCURATE REPRODUCTION OF THE ORIGINAL RECORD AND WAS MICROFILMED IN THE REGULAR COURSE OF BUSINESS ACCORDING TO THE PROVISIONS OF SOUTH DAKOTA LAW. IT IS FURTHER CERTIFIED THAT THE PHOTOGRAPHIC PROCESS USED FOR MICROFILMING OF THESE RECORDS MAY MEET THE RECOMMENDED REQUIREMENTS OF THE NATIONAL BUREAU OF STANDARDS FOR PERMANENT MICROFILM REPRODUCTIONS.
REDUCTION 22 ROLL NO 2 22 - 22
DATE MICROFILMED 22 - 22
CAMERA OPERATOR